Golda, also known as Gisela was born in 1916 in Stanislaw, Poland. She was the daughter of Moshe Katz and Esther Rosa nee Habar. Golda had an older sister Fanny and a younger sister Marie who died when she was fourteen. Golda's parents divorced when she was young, and her mother remarried to Max Pauker producing a son named Freddie (Ephraim).

The family including Golda's grandparents emigrated to Vienna in the early 1920's and opened a trading house. In the early 1930's her grandparents had the foresight to purchase a plot of land to establish an orchard. In 1934, her grandparents obtained certificates as property owners and proved that they were able to earn a living so that they could emigrate to Haifa.

The remaining family were forced to close the trading house in Vienna and three of Golda's uncles managed to escape the country to Argentina and the United States.

In November 1934, Golda married Bezalel Baltinester, a member of a well-known family from Safed in the north of Israel and they settled in Jerusalem. After only six months their marriage ended, and Golda moved to Tel Aviv to live with her uncle Max Haber and his wife Bertha where they were running a café. In 1942, Golda's mother and her stepfather Max tried to emigrate to Israel via Yugoslavia, but they were killed in 1942 in the Shoah. Golda's stepbrother Freddy was sent to England via Kindertransport and after thirty years he returned to Israel.

Golda was working as a clerk when she enlisted in June 1943 into the Royal Air Force as a WAAF and served in Egypt. Sadly, she was killed in a car accident on November 20 1943 and is buried in Moascar Cemetery in Egypt.