Wilhelm attended an elementary school in Witzenhausen and afterwards continued and concluded his studies in a high school in Kassel.

His parents were affluent merchants and were amongst the established and privileged families in the region; however, Wilhelm was attracted to continue in the direction of working the land and aimed to immigrate to the Land of Israel and to take part in settling it. While in Kassel, Wilhelm joined a group that was undergoing agricultural training and in 1934 he immigrated to Mandatory Palestine and joined a settlement called Gan Hashomron. Following an initial period of training here, he joined Kibbutz Na'an and the kibbutz sent him to work in the mineral works in Sodom, on the Dead Sea.

After a year at Sodom, he returned to Kibbutz Na'an, and after a while he joined the British Mandatory Military Police and served as a policeman in various places throughout Mandatory Palestine.

During the Second World War, Wilhelm responded to the calls of the Jewish Yishuv organizations and joined up with the British Forces. He was placed in the Air Force and was sent to serve on a British Air Force base near the town of Rechovot. During this time, he married Ruth Gerson a pharmacist, and the couple moved to live in the town of Petach Tikva. Wilhelm made sure to keep in touch daily with his wife, and whenever the situation permitted, he would come home for a visit.

On the 21st day of the Hebrew month of Cheshvan 3703 (1.11.1942), Wilhelm was killed in an automobile accident next to his military base in Rechovot. He had hitched a ride on a truck which started to move before he had fully boarded, he fell backwards and sustained fatal injuries. He was interred in the Petach Tikvah cemetery and was survived by his wife, parents, a brother Ernst and a sister Hilde.

Wilhelm's name is mentioned in the newspaper "Ha'aretz" and in the book "Conquering and Building". In research in 2019 carried out by the organization called "the Forum for Families of Military Prisoners"

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